

Agawam



Senior Scene

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**Monday, November 4, 2013
5:30pm**

Agawam Senior Center Dining Room
Presented by John G. Dee
President Wealth Preservation Group, Inc.

**Time to change the
clocks again!!**

Daylight savings time ends on Sunday, November 3 at midnight. Don't forget to **FALL back** and turn those clocks back one hour!!



THANK YOU VETERANS

Please join us on Friday, November 8th for a complimentary lunch at the Senior Center. Call the Senior Center at 821-0605 by Friday, November 1, to place your reservation. We will be able to enjoy the music of Sandy Robinson. This is a great opportunity for us to honor you, our Veteran's and say thank you for all you have done.

DON'T FORGET TO VOTE

The state senate seat and town elections will be held on Tuesday, Nov. 5th. If you need a ride, contact the Senior Center at 821-0605.

The Senior Center
will be closed

Monday, November 11th
in observance of
Veteran's Day.



Golden Age Club Chapter One

Jan did a fantastic job filling in as chaplain while Alice is recuperating. Betty, thank you for taking on memberships!! Remember **VISITORS ARE ALWAYS WELCOME!**

We are in a transitional time as a club so please have patience with us. We are always open to suggestions it's **YOUR** club!

Deadline for buying tickets for the Christmas Party at Crestview Country Club is December 1, 2013. Contact Thelma at 786-3754 if you are interested.

11-1 Board meeting at 1:00 pm at the Senior Center.

11-13 Regular meeting at the Senior Center at 1:30 pm. We will celebrate birthdays, have a Thanksgiving Raffle, and this will be the final day of sales for the Christmas Party. ***Final day to sign up for the Senior Bus to bring you to the party, we leave the Senior Center at 11:15. See Becky or Kristina to sign up.**



11-27 **NO MEETING. GOBBLE! GOBBLE! HAPPY THANKSGIVING TO EVERONE!!**

We are looking forward to seeing you at the Crestview Christmas Party on December 11, 2013 at 11:30am. We will be eating promptly at noon.

Golden Age Club Chapter Two

Wow, Here it is November already and Christmas is just around the corner. But first we'll have to put away some turkey.

November 4th We're off to Mohegan Sun Casino. They have a bag of money for us to pick up for the Holiday shopping.

November 6th Our first meeting of the month. Come join us for a GOOD time. Our entertainment will be the Cameo Ladies, after the show we will have refreshments with coffee and tea.

November 20th Our second meeting of the month. We will have a speaker from the Rescue Mission joining us today. Refreshments with coffee and tea will be served. A group of us will be going to NYC to see the Christmas Show at Radio City. This is the 85th year for this show and it never fails to entertain.

November 22nd We have a board meeting at the Senior Center at 1:00 PM. All board members are urged to attend.

FREE Thanksgiving Meal



Thursday, November 28, 2013, St. Thomas Church in West Springfield will once again be offering a free Thanksgiving meal at their parish from 12:00pm-2:00pm. St. Thomas church is located at 63 Pine Street in West Springfield. There are no income guidelines to come for the meal. The parish feels that no one should be alone on this holiday and would like to share it with as many people as possible.



If you are home bound and unable to make it to the church for the meal, a home delivered meal is also available by calling the Agawam Senior Center at 821-0605 and speak with Pam at EXT. 3 or Kristina at EXT. 2 or leave your name, address and phone number and a meal will be delivered to you. This is a wonderful event put on by the parish volunteers. This event is free but donations are always accepted.

The Computer Club will meet
Tuesday Nov. 12th & 26th
bring your questions!!

Pam's Place to Visit

On Thursday, November 21st at 9:30am the children from Pam's Place will be joining us at the Senior Center for their annual craft activity. Please join us in the dining room to assist the children and enjoy a snack with them as well as some quality time, this is always a fun activity!! **See Kristina to sign up.**



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
NOVEMBER 2013 CHAPTER 2 MOHEGAN TRIP 8:00 WEIGHT TRAINING 8:15 YOGA 9:30 PAINTING CLUB 9:30 LINE DANCING 11:30 GENTLE YOGA 1:00 BINGO 5:00 ZUMBA 5:30 EVENING SEMINAR MAXIMIZING SOCIAL SECURITY BENEFITS ~ Dining Room	4 ELECTIONS....VOTE!!!! 9:00 S.H.L.N.E. BY APPT. 9:00 KNITTING / SEWING 12:30 LADIES BILLIARDS 12:30 MOVIE 12:30 MAH JONGG 1:00 MEXICAN TRAIN GAME 2:30 CHORUS 4:30 YOGA 6:00 BEGINNER LINE DANCE 6:30 EVENING SEWING CLASS	SATURDAY NOV. 16TH FRIENDS HOLIDAY CRAFT FAIR 9:00AM-3:00PM 	6 8:00 WEIGHT TRAINING 8:15 YOGA 9:45 GENTLE YOGA 10:00 FRIENDS MEETING 12:30 BRIDGE 1:00 SCRABBLE 1:00 BALLROOM LESSONS 1:30 GOLDEN AGERS CHAPTER 2 6:00 WESTERN MA GENEALOGY MTG.	1 8:30 TAP CLASS 9:15 OIL PAINTING 10:00 TAI CHI 11:15 YOGA 12:00 CANASTA 1:00 PITCH 1:00 CRIBBAGE
11 SENIOR CENTER CLOSED VETERAN'S DAY OBSERVED	12 9:00 S.H.L.N.E. BY APPT. 9:00 EXERCISE / 10:00 PACE 9:00 KNITTING / SEWING 10:00 COMPUTER CLUB MEETS 12:30 LADIES BILLIARDS 12:30 MOVIE 12:30 MAH JONGG 1:00 MEXICAN TRAIN GAME 2:30 CHORUS 4:30 YOGA 6:00 BEGINNER LINE DANCE 6:30 EVENING SEWING CLASS	13 8:00 WEIGHT TRAINING 8:15 YOGA 9:45 GENTLE YOGA 12:30 BRIDGE 1:00 BALLROOM LESSONS 1:00 SCRABBLE 1:30 GOLDEN AGERS CHAPTER 1 MEETING 6:30 AGAWAM CULTURAL COUNCIL HOLIDAY HORS D'OEUVRES \$15.00 AT PARTNERS RESTAURANT-- RESERVATIONS REQUIRED	14 9:00 EXERCISE 9:30 QUILTING 10:00 LINE DANCING 1:00 PITCH 12:30 BRIDGE 1:30 OPEN ART 2:00 MELODY BAND PRACTICE 6:30 PITCH	15 8:30 TAP CLASS 9:15 OIL PAINTING 10:00 TAI CHI 11:15 YOGA 12:00 CANASTA 1:00 CRIBBAGE 1:00 PITCH SATURDAY NOV. 16TH SENIOR CENTER HOLIDAY CRAFT FAIR 9:00-3:00
18 8:00 WEIGHT TRAINING 8:15 YOGA 9:30 LINE DANCING 9:30 PAINTING CLUB 10:00 FALLON INSURANCE MEETING 10:30 REP. BOLDYGA VISITS 11:30 GENTLE YOGA 1:00 BINGO 5:00 ZUMBA	19 9:00 S.H.L.N.E. BY APPT. 9:00 EXERCISE / 10:00 PACE 9:00 KNITTING / SEWING 12:30 LADIES BILLIARDS 12:30 MOVIE 12:30 MAH JONGG 1:00 MEXICAN TRAIN GAME 2:30 CHORUS 4:00 ADA MEETING 4:30 YOGA 6:00 BEGINNER LINE DANCE 6:30 EVENING SEWING CLASS	20 8:30 MEET THE MAYOR 8:00 WEIGHT TRAINING 8:15 YOGA 9:45 GENTLE YOGA 12:30 SUDDENLY SINGLE GROUP 10-2:00 BLESSINGS JEWELRY SHOW 12:30 BRIDGE 1:00 SCRABBLE 1:00 BALLROOM LESSONS 1:30 GOLDEN AGERS CHAPTER 2 6:30 TOBACCO VALLEY ARTIST	21 8:30 FOOT NURSES BY APPT 9:00 EXERCISE 9:30 QUILTING 9:30 CRAFT & SNACK WITH KIDS FROM PAMS PLACE 9:30 COFFEE WITH A COP 10:00 LINE DANCING 12:30 BRIDGE 1:00 PITCH / 6:30 PITCH 1:30 OPEN ART 2:00 MELODY BAND PRACTICE 6:00 GENEALOGY COMPUTER CLASS	22 8:30 TAP CLASS 9:15 OIL PAINTING 9:30 TAI CHI 11:15 YOGA 11:30 SENIOR CENTER THANKSGIVING LUNCHEON MUSIC WITH TED HAMEL \$5.00 12:00 CANASTA 1:00 CRIBBAGE 1:00 PITCH
FRIENDS TRIP TO MOHEGAN SUN 25 8:00 WEIGHT TRAINING 8:15 YOGA 9:30 PAINTING CLUB 9:30 LINE DANCING 11:30 GENTLE YOGA 1:00 BINGO 5:00 ZUMBA	26 9:00 EXERCISE / 10:00 PACE 9:00 KNITTING / SEWING 10:00 COMPUTER CLUB MEETS 12:30 LADIES BILLIARDS / 12:30 MOVIE 12:30 MAH JONGG 1:00 MEXICAN TRAIN GAME 2:30 CHORUS 3:00 COA MEETING 4:30 YOGA 6:00 BEGINNER LINE DANCE 6:30 EVENING SEWING CLASS	27 8:00 WEIGHT TRAINING 8:15 YOGA 9:45 GENTLE YOGA 12:30 BRIDGE 1:00 SCRABBLE 1:00 BALLROOM LESSONS NO CHAPTER MEETING!!!!	28 SENIOR CENTER CLOSED HAPPY THANKSGIVING!!!  First day of Hanukah	29 8:30 TAP CLASS 9:15 OIL PAINTING 10:00 TAI CHI 11:15 YOGA 12:00 CANASTA 1:00 CRIBBAGE 1:00 PITCH



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MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

November 2013



*whole grain bread served unless otherwise noted
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Meals- Suggested Donation \$2.50
Sr. Center Phone 821-0604/821-0605
Lunch Served @ 11:30
Menu subject to change



4
Chicken & Dumplings
Garden Salad
Apples

5
Birthday Party!!!
Swedish Meatballs over
Egg Noodles
Peas
Cake



**SENIOR CENTER 11
CLOSED
VETERAN'S DAY
OBSERVED**

12
Lasagna & Meatballs
Caesar Salad
Oranges

18
Chicken Stir Fry
Stir Fry Vegetables
Brown Rice
Bananas

19
Mushroom Cheeseburger
Lettuce & Tomato
Tator Tots
Mandarin Oranges

25
Pepper Steak
Au Gratin Potatoes
Peas & Carrots
Pears

26
Baked Chicken Marsala
Mashed Potatoes
California Blend Vegetables
Pudding

6
Baked Chicken with a
Tarragon Cream Sauce
Mashed Potatoes, Diced Carrots
Pudding

13
Roast Pork
Roasted Potatoes & Carrots
Applesauce

20
Country Pie
(layered beef, rice, tomatoes, cheese)
Spring Salad
Peaches

27
Beef Stew
Homemade Biscuits
Spinach Salad
Baked Good

7
Meatloaf
Mashed Potatoes & Gravy
Green Beans
Mixed Fruit **\$3.00**

14
Chicken Orzo Soup
Baked Potato topped with
Philly Cheese Steak
Baked Good

21
Beef Vegetable Soup *
Ham Salad Sandwich
Macaroni Salad
Pudding

28
**SENIOR CENTER
CLOSED
HAPPY THANKSGIVING!!**



1
Baked Fish
Scalloped Potatoes
Mixed Vegetables
Peaches

FREE Lunch for Veterans
Loaded Potato Soup 8
Baked Fish & Cheese on a Roll
Cole Slaw
Pears

15
Seafood Newberg over
Egg Noodles
Broccoli
Pudding

Thanksgiving Luncheon 22
Roast Turkey
Stuffing, Mashed Potatoes
Cranberry Sauce
Butternut Squash
Cranberry Muffins
Pumpkin Pie **\$5.00**

Brunch for Lunch!! 29
French Toast *
Sausage, Cantaloupe
Juice
Muffins



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We would like to wish all of our friends who celebrate Hanukah a very Happy Hanukah which begins on Thursday, November 28th!!



Holiday Craft Fair

On Saturday, November 16th the FRIENDS of the Agawam Senior Center will be holding a holiday craft fair from 9:00am-3:00pm. There will be several vendors with their wonderful items for sale. This is the perfect time to start some holiday shopping for your loved ones or find something special for yourself!!! There will be a raffle, delicious food for sale and crafts galore!! We look forward to seeing you.

FRIENDS Donation

- A very generous donation was made to FRIENDS in appreciation of Betty Grimaldi.
- Agawam Junior Womans Club

In Memory of Mary DelNegro

Joyce & Duane Asta-Ferrero

In Memory of Pasquale Liquori

Joan Liquori

In Memory of Lucille Martin

Lou & Vi Massoia

In Memory of Dante Molta

Lou & Vi Massoia

In Memory of Alesio Manzi

Lou & Vi Massoia

In Memory of Richard DiLullo

Lou & Vi Massoia

In Memory of Diane Gordon

Lou & Vi Massoia



A Spot of Tea

Friday, October 10th the Agawam Senior Center transformed into an elegant afternoon for High Tea. Everyone came with their best hats. The food and company was superb. Thank you to all who came. Thank you to all those who prepared food, served food, set-up, sold tickets, and donated. What a fun afternoon.

Tuesday Movies

- Nov. 5 The King and I 133 min. **Movie will start at 12:15**
 - Nov. 12 The Guilt Trip 96 min.
 - Nov. 19 The Odd Life of Timothy Green 104 min.
 - Nov. 26 Annie Get Your Gun 107 min.
- Movies begin at 12:30 and a snack and beverage are served.

FRIENDS News

The FRIENDS group once again have the Bargain Coupon Books for sale. We have 75 of them. They are a very good deal, for \$20.00 and are available at the front desk at the Senior Center. The books are loaded with coupons and savings!!

There are some fabulous trips to enjoy as well ~

- Tuesday, December 10th a superb trip to Foxwoods is planned for the Celtic Yuletide. This trip is full of wonderful entertainment to put you in the holiday spirit. Cost is \$65.
- Thursday, December 12th there is a drive on your own trip to Chez Josef for a fabulous Christmas party with great food and entertainment. Cost is \$49.

Contact Penny at 896-0825 for more information.

Don't forget the fun trips to Mohegan Sun!! There are spots available for Monday, November 25th trip. **Contact Helen at 786-8685 or Penny at 896-0825 if you are interested.**

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